

LATVIAN ACADEMY OF SPORT EDUCATION

1st level professional higher education study programme

„Education and sport specialist” with the qualification of sports coach

Study courses in semesters

Study year/ sem.	Nr.	Study course	CP	ECTS
1 st study year 1 st sem.	1.	Basics and didactics of gymnastics	2	3
	2.	Basics and didactics of handball	2	3
	3.	General pedagogy	3	4.5
	4.	General psychology	2	3
	5.	Development psychology	1	1.5
	5.	Anatomy	2.5	3.75
	6.	Basics of physiology	2	3
	7.	Age physiology	1	1.5
	8.	Sport history	1	1.5
	9.	Basics of biochemistry	1.5	2.25
	10.	Basics and didactics of volleyball	2	3
	11.	Sport philosophy	1	1.5
		TOTAL	20	30
1 st study year 2 nd sem.	1.	Basics and didactics of acrobatics	2	3
	2.	Basics and didactics of aerobics	2	3
	3.	Basics and didactics of basketball	2	3
	4.	Basics and didactics of track and field athletics	3	4.5
	5.	Adult education	1	1.5
	6.	Basics of sports biomechanics	2	3
	7.	Sports theory	2	3
	8.	Hygiene	1	1.5
	9.	Sports physiology	1	1.5
	10.	Sports medicine	1	1.5
	11.	Professional ethics	1	1.5
	12.	Management theory	1	1.5
	13.	Basics of business	1	1.5
		TOTAL	20	30

2nd study year 3rd sem.	1.	Documentation	1	1.5
	2.	Project development	1	1.5
	3.	Legal basics	1	1.5
	4.	Accountancy	1	1.5
	5.	Sports management	1	1.5
	6.	Sports psychology	1.5	2.25
	7.	Basics of training theory (children, adolescents)	1	1.5
	10.	Sports training theory, methodology and pedagogical development	5.5	8.25
	8.	Optional study courses	3	4.5
	10.	Development of qualification paper	4	6
		TOTAL	20	30
2nd study year 4th sem.	1.	Study practice	16	24
	2.	State final examination (including development and defence of qualification paper)	4	6
		TOTAL	20	30
TOTAL			80	120