

STUDY COURSES
Professional Bachelor study program „Sports science”
Education and sports specialist with qualifications
HEAD COACH and RECREATION SPECIALIST
2018./2019.

Study year	No.	Study course	Study code	Semester 1		Semester 2	
				KP	ECTS	KP	ECTS
1.	1.	Basics and didactics of gymnastics, aerobics	PBNPS3001	2.0	3.0	2.0	3.0
	2.	Basics and didactics of acrobatics	PBNPS3002			2.0	3.0
	3.	Basics and didactics of track and field athletics	PBNPS3006			3.0	4.5
	4.	Basics of swimming and didactics of swimming	PBNPS3007			2.0	3.0
	5.	General pedagogy	PBVI101	3.0	4.5		
	6.	General psychology and the psychology of development	PBVI104			2.0	3.0
	7.	Anatomy	PBNT217	2.5	3.75		
	8.	Basics of commercial activity	PBVI108			1.0	1.5
	9.	Theory of management	PBVI109	1.0	1.5		
	10.	Documentation				1.0	1.5
	11.	Basics of biochemistry	PBNT214	1.5	2.25		
	12.	Basics of law	PBVI112	1.0	1.5		
	13.	Accountancy	PBVI113	1.0	1.5		
	14.	Basics and didactics of volleyball	PBNPS3005	2.0	3.0		
	15.	Sports in multicultural environment and Olympic education	PBNT201			1.0	1.5
	16.	Term Paper	PBKD4100			1.0	1.5
	17.	Basics and didactics of handball	PBNPS3004			2.0	3.0
	18.	Basics of physiology	PBNT216			2.0	3.0
	19.	Project management	PBVI111	1.0	1.5		
	20.	Sports philosophy	PBNT225			1.0	1.5
	21.	Sports history	PBVI117			1.0	1.5
	22.	Adult pedagogy	PBVI102			1.0	1.5
	23.	Professional development in qualifications I,II(PDQ)	PBNT229	0.5	0.75	0.5	0.75
	24.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
TOTAL, Year 1				16.5	24.75	23.5	35.25

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				KP	ECTS	KP	ECTS
2.	1.	Professional perfecting in qualifications I,II(PPQ)	PBNT229	1.5	2,25	1.5	2,25
	2.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
	3.	Basics of basketball and didactics of basketball	PBNPS300 9	2.0	3.0		
	4.	Hygiene	PBNT208			2.0	3.0
	5.	Basics of sports biomechanics	PBNT211	2.0	3.0		
	6.	Sports medicine	PBNT212	1.0	1.5		
		First aid	PBNT205	1.0	1.5		
	8.	Methodology of research	PBNT201	1.0	1.5	1.0	1.5
	9.	Practice, 2 weeks	PBPAII500	2.0	3.0	2.0	3.0
	10.	Sports theory	PBNT204	2.0	3.0		
	11.	Professional ethics	PBNT219	1.0	1.5		
	12.	Age specific physiology	PBNT222	1.0	1.5		
	13.	Sports management	PBNT207	1.0	1.5		
	14.	Basics of football and didactics of football	PBNPS300 8	1.0	1.5	1.0	1.5
	15.	Basics of floorball and didactics of floorball	PBNPS301 0			2.0	3.0
	16.	Special terminology and communication (<i>in foreign language</i>)	PBVI103	1.5	2,25	1.5	2,25
	17.	Basics of tourism and didactics of tourism	PBNPS301 1			2.0	3.0
	18.	Basics of orienteering and didactics of orienteering	PBNPS301 2			2.0	3.0
	19.	Physical exercises and health	PBNT209			1.0	1.5
	20.	Sports biochemistry	PBNT215			2.0	3.0
	21.	Qualitative research in sports science	PBNT202			1.0	1.5
	22.	Self-defense	PBNPSS30 2			1.0	1.5
TOTAL, Year 2				19,00	28,5	21,00	31,5

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				KP	ECTS	KP	ECTS
3.	1.	Research in framework of Bachelor thesis		2,0	3,0		
	2.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
	3.	Qualification practice I	PBPAIL500	6.0	9.0		
	4.	Adapted physical activities	PBNT218	1.0	1.5		
	5.	Basics of training theory (children, youngsters)	PBNPST3032	1.0	1.5		
	6.	Sports massage	PBNPST3037	1.0	1.5		
	7.	Basics of recreation and resources	PBNPSR3048	1.0	1.5	1.0	1.5
	8.	Modeling and assessment of recreation events	PBNPSR3056	1.0	1.5		
	9.	Outdoor activities I	PBNPSR3052	2,5	3,75		
	10.	Outdoor activities II				2.0	3.0
	11.	Pedagogic development in recreation	PBNT229	1.0	1.5	1.0	1.5
	12.	Sports physiology	PBNT213			1.0	1.5
	13.	Basics of skiing and didactics of skiing	PBNPS3029			2.0	3.0
	14.	Camping	PBNT224	1.0	1.5		
	15.	Qualification practice II	PBPAIL500			6.0	9.0
	16.	Injuries in sport	PBNPST3038			1.0	1.5
	17.	Dynamic anatomy	PBNPST3036			1.0	1.5
	18.	Sport training theory. Pedagogical development II	PBNPST3033	3.0	4.5	2.5	3.75
TOTAL, Year 3.				21,5	32,25	18,5	27,75

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4.	1.	Athletic preparation	PBNPS3022	1.0	1.5		
	2.	Sports ecology,civil defense	PBNT210	1.5	2.25		
	3.	Folk dances, Sports dances	PBNPS3028	1.5	2.25		
	4.	Social psychology. Communication psychology	PBVI114	2,0	3,0		
	5.	Research in framework of Bachelor thesis		1.0	1.5		
	6.	Special sports terminology (in foreign language)	PBNPSR3058	1.0	1.5		
	7.	Basics of skating and hockey	PBNPS3014	1.0	1.5		
	8.	Sports medicine	PBNT212	1.0	1.5		
	9.	Sports psychology	PBNPST3034	1.5	2.25		
	10.	Nutrition in sports	PBNT228	0.5	0.75		
	11.	Sport training theory. Pedagogical development III	PBNPST3033	3,0	4,5		
	12.	Recreation management,marketing	PBNPSR3050	1.0	1.5		
	13.	Traditional and adapted sports and means in open air	PBNPSR3051	1.5	2.25		
	14.	Excursion guidance, aspects of guide activity	PBNPSR3054	1.0	1.5		
	15.	Outdoor activities III	PBNPSR3053	1.5	2,25		
	16.	Pedagogic development in recreation	PBNPSR3055	1.0	1.5		
	17.	State exam in specialty I				3.0	4.5
	18.	State exam in specialty II				3.0	4.5
	19.	Bachelor thesis				1.0	1.5
	20.	Qualification practice in specialty II				5.0	7.5
	21.	Qualification practice in specialty I				5.0	7.5
22.	Diploma thesis				2.0	3.0	
			TOTAL, Year 4	21.0	31.5	19.0	28.5
			GRAND TOTAL 160 KP / 240 ECTS	78,0	117,0	82,0	123,0