

STUDY COURSES
Professional Bachelor study program „Sports science”
Education and sports specialist with qualifications
HEAD COACH and RECREATION SPECIALIST
2016./2017.

Study year	No.	Study course	Study code	Autumn		Spring	
				KP	ECTS	KP	ECTS
1.	1.	The basics and didactics of gymnastics, aerobics	PBNPS3001	2.0	3.0	2.0	3.0
	2.	The basics and didactics of acrobatics	PBNPS3002			2.0	3.0
	3.	The basics and didactics of track and field athletics	PBNPS3006			3.0	4.5
	4.	The basics of swimming and didactics of swimming	PBNPS3007			2.0	3.0
	5.	General pedagogy	PBVI101	3.0	4.5		
	6.	General psychology and the psychology of development	PBVI104	2.0	3.0		
	7.	Anatomy	PBNT217	2.5	3.75		
	8.	The basics of commercial activity	PBVI108			1.0	1.5
	9.	The theory of management	PBVI109	1.0	1.5		
	10.	Recordkeeping				1.0	1.5
	11.	The basics of biochemistry	PBNT214	1.5	2.25		
	12.	The basics of rights	PBVI112	1.0	1.5		
	13.	Bookkeeping	PBVI113	1.0	1.5		
	14.	The basics and didactics of volleyball	PBNPS3005	2.0	3.0		
	15.	The methodology of research I	PBNT201			1.0	1.5
	16.	Term Paper	PBKD4100			1.0	1.5
	17.	The basics and didactics of handball	PBNPS3004			2.0	3.0
	18.	The basics of physiology	PBNT216			2.0	3.0
	19.	Project management	PBVI111	1.0	1.5		
	20.	Sports philosophy	PBNT225			1.0	1.5
	21.	Sports history	PBVI117			1.0	1.5
	22.	Adult education	PBVI102			1.0	1.5
	23.	Professional perfecting in qualifications I,II(PPQ)	PBNT229	0.5	0.75	0.5	0.75
	24.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
TOTAL, Year 1				18.5	27.75	21.5	32.25

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2.	1.	Professional perfecting in qualifications I,II(PPQ)	PBNT229	0.5	0.75	0.5	0.75
	2.	<i>Optional study courses</i>		<i>1.0</i>	<i>1.5</i>	<i>1.0</i>	<i>1.5</i>
	3.	Basics of basketball and didactics of basketball	PBNPS3009	2.0	3.0		
	4.	Hygiene	PBNT208	2.0	3.0		
	5.	The basics of sports biomechanics	PBNT211	2.0	3.0		
	6.	Sports ecology, civil defense	PBNT210	1.5	2.25		
		Sports medicine	PBNT212	1.0	1.5		
	8.	First aid	PBNT205	1.0	1.5		
	9.	The methodology of research II	PBNT201	1.0	1.5		
	10.	Practice, 2 weeks	PBPAlI500	2.0	3.0		
	11.	Sports theory	PBNT204	2.0	3.0		
	12.	Professional ethics	PBNT219	1.0	1.5		
	13.	Sports in multicultural environment	PBNT206	0.5	0.75		
	14.	Sports management	PBNT207	1.0	1.5		
	15.	Age specific physiology		1.0	1.5		
	16.	Basics of football and didactics of football	PBNPS3008			2.0	3.0
	17.	Special terminology and communication (<i>in foreign language</i>)	PBVI103			3.0	4.5
	18.	Basics of floorball and didactics of floorball	PBNPS3010			2.0	3.0
	19.	Physical exercises and health	PBNT209			1.0	1.5
	20.	Sports biochemistry	PBNT215			1.0	1.5
	21.	Basics of tourism and didactics of tourism	PBNPS3011			2.0	3.0
	22.	Basics of orienteering and didactics of orienteering	PBNPS3012			2.0	3.0
	23.	Social psychology and psychology of communication	PBVI114			2.0	3.0
	24.	Qualitative research in sports science	PBNT202			1.0	1.5
	25.	ICT in Sports (Bachelor work)	PBNT203			1.0	1.5
	26.	Practice, 2 weeks	PBPAlI500			2.0	3.0
TOTAL, Year 2				19.5	29.75	20.5	30.75

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				KP	ECTS	KP	ECTS
3.	1.	Research in the framework of Bachelor work		1.0	1.5	1.0	1.5
	2.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
	3.	Qualification practice I	PBPAIL500	6.0	9.0		
	4.	Adapted physical activities	PBNT218	1.0	1.5		
	5.	The basics of the theory of training(children, youngsters)	PBNPST3032	1.0	1.5		
	6.	Sports massage	PBNPST3037	1.0	1.5		
	7.	The basics of recreation	PBNPSR3048	1.0	1.5		
	8.	Recreation management and marketing	PBNPSR3057	1.0	1.5		
	9.	Modeling and assessment of recreation events	PBNPSR3056	1.0	1.5		
	10.	Outdoor activities I	PBNPSR3052	1.5	2.25		
	11.	Outdoor activities II				2.0	3.0
	12.	Pedagogic perfecting in recreation	PBNT229	1.0	1.5	1.0	1.5
	13.	Sports physiology	PBNT213			1.0	1.5
	14.	The basics of skiing and didactics of skiing	PBNPS3029			2.0	3.0
	15.	Camping	PBNT224			1.0	1.5
	16.	Qualification practice II	PBPAIL500			6.0	9.0
	17.	Injuries in sport	PBNPST3038			1.0	1.5
	18.	Dynamic anatomy	PBNPST3036			1.0	1.5
	19.	The theory of training in kind of sport and pedagogical perfecting II	PBNPST3033	3.0	4.5	2.5	3.75
	20.	Recreation resources	PBNPSR3049			1,0	1,5
TOTAL, Year 3.				19.5	29.25	20.5	30.75

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4.	1.	Athletic preparation	PBNPS3022	1.0	1.5		
	2.	Self-defense, didactics of self-defense	PBNPSS3023	1.0	1.5		
	3.	Folk dances, Sports dances	PBNPS3028	1.5	2.25		
	4.	Olympic education	PBNT223	0.5	0.75		
	5.	Research in the framework of Bachelor work		1.0	1.5		
	6.	Special sports terminology (in foreign language)	PBNPSR3058	1.0	1.5		
	7.	Basics of skating and hockey	PBNPS3014	1.0	1.5		
	8.	Sports medicine 2	PBNT212	1.0	1.5		
	9.	Sports psychology	PBNPST3034	1.5	2.25		
	10.	Nutrition in sports	PBNT228	0.5	0.75		
	11.	The theory of training in kind of sport and pedagogical perfecting III	PBNPST3033	4.0	6.0		
	12.	Recreation and human health	PBNPSR3050	1.0	1.5		
	13.	Traditional and adapted sports and means in open air	PBNPSR3051	1.5	2.25		
	14.	Excursion guidance, aspects of guide activity	PBNPSR3054	1.0	1.5		
	15.	Outdoor activities III	PBNPSR3053	2.5	3.75		
	16.	Pedagogic perfecting in recreation	PBNPSR3055	1.0	1.5		
	17.	State exam in specialty (1 st)				3.0	4.5
	18.	State exam in specialty (2 nd)				3.0	4.5
	19.	Bachelor work				1.0	1.5
	20.	Qualification practice in 2 nd specialty				5.0	7.5
	21.	Qualification practice in 1 st specialty				5.0	7.5
	22.	Diploma thesis				2.0	3.0
TOTAL, Year 4				21.0	31.5	19	28.5
GRAND TOTAL 160 KP / 240 ECTS				78.5	118.25	81.5	122.25