



The LASE Health Care Research Center and the Sports Science Research Laboratory are scientific and academic structural units that, within the scope of their competence, carry out scientific activities in health care sports and other areas of sports science research.

The laboratory of the Research Center has been operating since September 4, 2020. The laboratory was created with the help of European Union funds. On November 10, 2017, the Rector of LASE Professor Jānis Židens signed an agreement with the Central Finance and Contracts Agency (CFLA), which envisages the modernization of LASE STEM study programs from the European Union funds (project no. 8.1.1.0/17/I/013).

Research directions:

- Children's and youth sports, folk sports, and high-performance sports.
- Trauma and rehabilitation in sport.

- Kinesiology, biomechanics of motion and physical properties.
- Functional capacity of the body for people of different ages, health conditions, and physical fitness.
- Physical activity for people with disabilities.
- Pedagogy, recreation, sports psychology, and management.

Laboratory staff:

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